

Elementary School Athletics

“Try Everything!”



Volleyball

Game Rules



Elementary School Athletics

Volleyball

Age Group & Gender

- 4-5-6 Grade Girls
- No Cut Sport
- Building Principal has the authority to suspend a player from the team, temporarily or permanently, due to not following team rules, inappropriate behavior and/or unacceptable grades

Regular Season

- Practice may begin the first week of January
- Games begin late January and run through February
- 5-week regular season with each team having a 1-week bye
- Panther Division Team, K6 Buildings, will play other Panther Division Teams
- General Division Teams, K8 Buildings, will play other General Division Teams
- @ DISC (Decatur Indoor Sports Center)
- Running 25-minute clock
- Two games to 15, must win by 2, cap at 17
- 3rd game to be played only if tie breaker is needed, play to 11, win by 2, cap at 13

Teams

- Team White less experienced volleyball players regardless of grade
- Team Black/Blue more experienced volleyball players regardless of grade
- **Note:** It is the coaches' responsibility to ensure each player receives equitable playing time by dividing players up across team white & team black/blue
- 3:00 – 4:00 pm Panthers Division
 - Baum, Franklin Grove, Muffley, Parsons, South Shores
 - Team White 3:00-3:25 pm
 - Team Black 3:30-3:55 pm
- 4:00 – 5:00 pm Generals Division
 - American Dreamer, Dennis, Hope, Johns Hill, Montessori
 - Team White 4:00-4:25 pm
 - Team Blue 4:30-4:55 pm
 - **Note:** Montessori Games will begin between 4-4:15 due to 3:30 bell release time

Championship Saturday

- Held at the end of the season in late February
- @ Eisenhower High School
- Main GYM Court 1, Court 2
- No running clock
- Two games to 25, must win by 2, cap at 27
- 3rd game to be played only if tie breaker is needed, play to 15, win by 2, cap at 17
- **One team per school comprised of all the players on the team**
- There is no team white and team black/blue play in the tournament
- Single A and Double AA Division based on overall regular season records
- Regular season records determined by adding team white + team black/blue wins & losses
- Single elimination
- **Note:** It is the coaches' responsibility to ensure each player receives playing time in the tournament with the caveat that playing time may not be as equitable as during the regular season



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2021-2022

Volleyball

Sportsmanship Rule per the IHSA

Unsportsmanlike conduct or disrespect for the opposing team, game officials and scorekeepers, will not be tolerated. Unsportsmanlike conduct will be judged at the discretion of the referees and league coordinator. Players, coaches, and fans will refrain at all times from arguing with the referees and scorekeepers. The game referees will be instructed to eject any player, coach, or spectator from the game for abusive, harmful or unwarranted disruptions. Each coach will be responsible for their own conduct and the conduct of their players, assistant coaches, and spectators. Absolutely no abusive or vulgar language will be tolerated towards players, coaches, game referees, scorekeepers, and league officials.

Practice/Game Ball

- Volleyball Lite will be used for practice
- Volleyball Lite will be used for games
- **COACH MUST BRING WARM UP BALLS TO THE DISC**
- **DISC WILL ONLY PROVIDE GAME BALL ON GAME NIGHT**

Headress and Jewelry

- Only a soft head band may be worn to keep a players hair intact. No sharp and/or dangling material may be worn to keep hair in place. This is to keep players safe from a hard, pointed, dangling object that could accidentally strike a player
- All jewelry including pierced earrings must be removed before a player can enter the game

Regular Season Format Only

- 25 Minute Running Play Clock will START once play has begun
- If a team calls time out, the clock will continue to run
- Clock will stop if there is a player injury
- **Clock will pause for 1 minute** between Game 1, Game 2 and Game 3 (tiebreaker if needed)
- Make sure players are on the court and ready to go within the 1 minute pause
- All match play will be completed when the 25 minute play clock expires
- Before the start of play for each game, coaches are to turn in a starting lineup at the score table
- No switching benches between games due to 25 minute running clock and Covid Risk

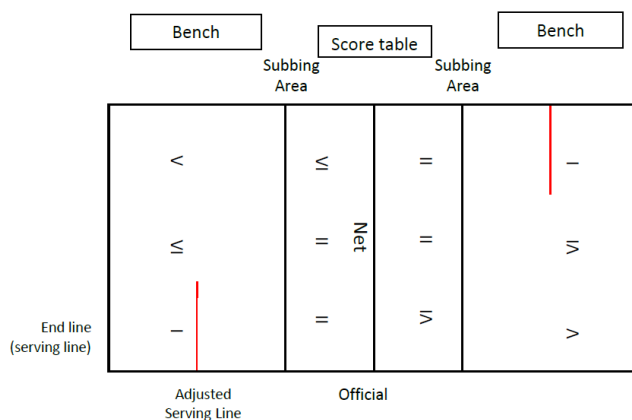
Determining Match Winner

- The winning team of both Game 1 AND Game 2 is declared the Match Winner
- There will be no game 3 unless there is a tie breaker needed
- If game 3 (tiebreaker) is needed, the winner of Game 3 (tiebreaker) is the Match Winner
- **Regular Season Only Below:**
 - If time expires during game 3, whichever team is leading as time expires, is the winner of game 3
 - If the teams split game 1 and game 2 and play no game 3, the match is considered a Tie

Volleyball

Substitutions

- During a stoppage in play a team can substitute players - coach must inform score table and official(s) of substitution
- Substituted players may only enter/reenter the game for the player they substituted for
 - Example- #4 goes in for #17, a few plays later #17 reenters the game so #4 is substituted out
- All substitutes should line up on the sideline near the 10 foot line and must be recognized by the official before entering the game



Serving Line, Serving Cap

- All players will serve from the end line if able
 - However, if unable to serve from end line player may serve from the adjusted serving line, 10 feet into the court
 - The line is 10 feet from the end line and 20 feet front the net.
- Team White 5 point serving cap:
 - The serving team will keep the ball but must rotate and start fresh with a new server
 - The 5-point serving cap allows more less experience players a chance to serve
- Team Black/Blue has no serving cap per player

Initial Serve by Each Team

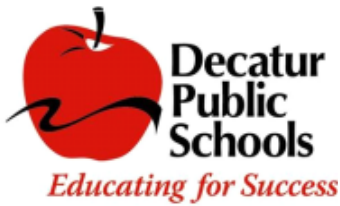
- The team that wins “serve” in the coin toss before the start of the first game will start with their first server in the “I” position
- Once the team on “receive” wins the ball their first server who started in the “II” position will rotate to the “I” position and serve

Foot Fault

- A Foot Fault is called when the serving player steps on/over the serving line while attempting a serving, this results in the loss of possession, the opposing team wins the point
- A Foot Fault is an Official’s judgement call

Ball Drop

- If the server tosses the ball, she can let it drop and take another toss, but only one time per rotation. Only one toss is allowed once the referee has blown their whistle



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Regular Season Scoring, Games 1 & 2

- Rally Scoring System
- Game 1 will be played to 15 points (Must win by 2 with a Cap @ 17)
- Game 2 will be played to 15 points (Must win by 2 with a Cap @ 17)

Regular Season Game 3 (Only if tie breaker is needed)

- Game 3 tie breaker will be played to 11 points (Must win by 2 with a Cap @ 13)

Championship Saturday Scoring, Games 1 & 2

- Rally Scoring System
- Game 1 will be played to 25 points (Must win by 2 with a Cap @ 27)
- Game 2 will be played to 25 points (Must win by 2 with a Cap @ 27)

Championship Saturday Game 3 (Only if tie breaker is needed)

- Game 3 tie breaker will be played to 15 points (Must win by 2 with a Cap @ 17)